

COVID-19 Vaccine Third Dose Recommendations



After receiving the 1st and 2nd doses of COVID-19,

the vaccine effectiveness wears off as time passes.

That is why you need the 3rd dose, aka the booster shot.

Effects	<ul style="list-style-type: none"> • Prevents you from getting infected with COVID-19 • Prevents you from getting seriously ill even if you have gotten infected with COVID-19 
Side effects	<p>You will probably have similar side effects as the ones you had after your 1st & 2nd shots.</p> 

Who is eligible?	You have to be 18 years or older and wait for six months after your 2 nd dose
Fee	None
Where?	(1) Vaccination sites/Medical facilities in your city/town/village (2) <i>Ken-ei Wakuchin Sesshu Center</i> (Prefecture-run Vaccination Centers in Takasaki and Ota)
How to make an appointment	<ul style="list-style-type: none"> • You have to have your own vaccination coupon (<i>sesshu-ken</i> in Japanese) to make an appointment, which will be mailed to you from your local municipality. • Different municipality has different way of making appointments. So, check their website, newsletter, or call your city/town/village hall to find out the details. <p>⚠ If your vaccination coupon does not arrive, inform your local municipality.</p>

If you have any questions, do not hesitate to ask by contacting the below numbers.
Please note that these numbers are not toll-free.

	Types of Questions	Where to contact:
(1)	About vaccination coupons, making an appointment at a vaccination facility/medical institution where you live	Your local city/town/village hall
(2)	Making an appointment at one of the <i>Ken-ei Wakuchin Sesshu Centers</i> (You can do so via LINE app, too.)	Gunma Ken-ei Wakuchin Sesshu Center Helpline <u>0570-001-720</u> 9:00 - 20:30 Operators speak five languages.
(3)	Symptoms you develop after your 3 rd shot	Gunma COVID-19 Vaccine Helpline <u>0570-783-910</u> 24/7 Operators speak 19 languages.
(4)	Other questions	One-Stop Consultation Center for Foreign Residents of Gunma <u>027-289-8275</u> Mon thru Fri 9:00 - 17:00 They have interpreters in five languages.

To conclude our message,

- ◆ The 3rd dose is also recommended for those who have tested positive for COVID-19 before.
- ◆ Even after the 3rd dose, you are requested to take anti-infection measures such as:
 - Wear a mask, wash and disinfect your hands frequently
 - Keep a physical distance with people around you
 - No partying, dining in large groups, or barbecuing